



**AT LURNEA HIGH SCHOOL
WE VALUE:**



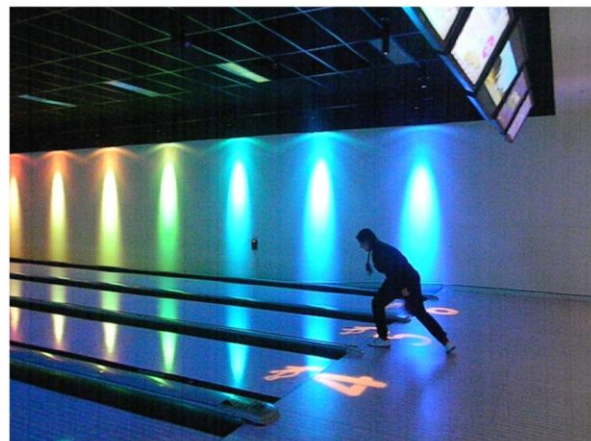
**RESPECT
FAIRNESS
TOLERANCE
RESPONSIBILITY
UNDERSTANDING**

The Link

Term 3

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Sport and Recreation



Farewell to Year 12

Dear Year 12 2013,

Congratulations on reaching the important milestone of completing your HSC and your final year of school! This is an important and momentous occasion because it is bringing your 13 years of schooling to a conclusion – it is marking the end of one part of your life and also signifying the beginning of the next stage of your life.

When thinking about what parting words I wanted to say to you today, I found myself thinking about the things that I have talked about quite a lot in the time I have been Principal – I have talked about us being a community, about the importance of inclusivity and diversity and I have talked a lot about the values that we as a school share - respect, responsibility, fairness, tolerance and understanding.

To me – these words are not just a bunch of letters on a page, nor a bunch of sounds uttered out of people's mouths. These words, like all words carry valuable meaning and impact.

My mind started wandering over words, these words and others. As an English teacher, I have always had a special love of language and words in general. So my message to you will touch on a few of these important words.

Firstly the words Yesterday, Today and Tomorrow: I have chosen these words because they quite simply refer to the past, the present and the future. You could say that they speak of our entire life journey. As year 12 students, you are no doubt looking forward with enthusiasm towards the future that lies beyond the school gates. A future life which is now only a matter of weeks away!

I hope you are looking forward to all your tomorrows with a sense of optimism and positivity. While yesterday is about the past and the past helps shape the present, we must remember that what happened yesterday or in the past are things that we cannot go back and change, we cannot go back and fix or make good. So for those of you who are worrying about not using all your yesterdays well - not studying well or not putting in a worthy effort into your learning, my message is – “Don't let yesterday take up too much of today”. What's done is done. Learn from your past but don't let these events and actions crowd the present. And of course, what you today, now, in the present, can improve all your tomorrows!

*Another special word for me is Respect – I like this word because it has connections to other words such as love, friendship, responsibility. This relatively small word is power packed. If this word was something we had to buy in a shop, we would get double value for our money. It has meaning for each of us as individuals – having self-respect or positive regard for yourself and the way others may see you **and at the same time** it also has meaning for others, the people outside of ourselves, the ones we know and love as well as the ones we don't know but interact with in some way every day of our lives – respecting another person's culture or beliefs, having positive regard for others, showing and acknowledging another person's right to be.*

So in a way, the word respect and its meanings have the capacity to unify us all because it shows us what we have in common. It's a word that is not just for our own individual purpose, it has significance for everyone, all of the time.

Principal's Message

Dreams: I love this word. There are many meanings for this word too but for me the word “dreams” is connected to another special word - hope. When Dr Martin Luther King gave his famous “I have a dream speech” in 1963, he was dreaming about a future America where all people both black and white were living as one. He was dreaming about a future where young men and women were not judged by the colour of their skin but by the content of their character.

What a fantastic dream – to be judged not on what you look like, or the colour of your hair, eyes and skin, but on who you are as a person.

John Lennon’s song Imagine is also about dreaming for a better future – it too was also full of hope. He said “imagine all the people living life in peace”, and that “one day the world can be as one”. This is another fantastic dream.

I too dream of a better future, a world where we humans do not give up on each other, where we don’t give up on our humanity, where we open our hearts to each other and recognise what we have in common.

So Year 12 – in putting these few words together, I hope that you continue to dream BIG and small dreams, to hope for things that will not only make your immediate world a better place, but that will make the whole world a better, safer, more peaceful place. I hope that all your tomorrows are beautiful, and that no matter what challenges life throws in your path, that you are able to make positive decisions, good choices and find workable solutions.

I hope that with every new day, you can find some little gem of beauty, something that will make you smile and above all else, I hope that you always conduct yourself with dignity and respect and meet the world with all its diversity, with a positive attitude and a sense of goodwill. In doing these things, you will create yesterdays that are memorable, friendly, surprising, funny, rich and rewarding – who wouldn’t want to look back on their life and see that?

And so finally in the words of Shakespeare and others like him – “Fare thee well year 12, fare thee well”. Go well in your final exams, make every day count, and go well in your lives.

Best Wishes

Jenny Holland



Name: Mohamed Chahoud (School Captain)

Nickname: Chahoud

Favourite Artist and Song: One Direction – One Thing

Primary School attended: Liverpool West Public School

Favourite memory of LHS: Being School Captain, Leadership Camp

Can you cook? If so, whats your best dish: Yes, HOT CHIPS!

Most embarrassing moment: Falling over up the stairs.

What are you looking forward to most out of 2014: Not having to wake up early on Monday mornings!!

In 10 years time, where are you and what are you doing: Being a professional tree (inside joke ☺) or retired!



Name: Dianne Kameraniya (School Captain)

Nickname: Dee

Favourite Artist and Song: Chris Brown – With You

Primary School attended: Liverpool West Public School

Favourite memory of LHS: Being SCHOOL CAPTAIN!!

Can you cook? If so, whats your best dish: Yes!! 2 minute noodles!!

Most embarrassing moment: Dancing with a bandaged ankle in front of my year group ☹

What are you looking forward to most out of 2014: Going to University and hoping to become a nurse

In 10 years time, where are you and what are you doing: Married with a child, living in a 2 story house, and working as a nurse!



Name: Helal Hamze

Nickname: Hilly

Favourite Artist and Song: Colt 45 - Afroman

Primary School attended: Casula Primary School

Favourite memory of LHS: Being a rebel in 8Diamond

Can you cook? If so, whats your best dish: Yes!! Pizza

Most embarrassing moment: Splitting my pants at school!! haha

What are you looking forward to most out of 2014: HOLIDAYS! Very, very long term holiday!

In 10 years time, where are you and what are you doing: Succeeding in life!



Name: Christopher McCarren

Nickname: Whiskers

Favourite Artist and Song: Justin Bieber - Baby

Primary School attended: Lurnea Primary School

Favourite memory of LHS: Finishing Year 12!!

Can you cook? If so, whats your best dish: Yes! Sausage Rolls

Most embarrassing moment: Having no friends in Year 7

What are you looking forward to most out of 2014: Getting to sleep in!!



Name: Charmaine Haare

Nickname: Maine

Favourite Artist and Song: Too many to choose – old school, reggae, RnB etc!

Primary School attended: Lurnea Primary School

Favourite memory of LHS: Obviously school gets boring, but the friendships groups I have made has been the best! Especially during extra events through school.

Can you cook? If so, what's your best dish: No I can't cook! Worst attempt at cooking was when I tried to cook a frozen pizza and I tried to defrost it in a sink of water! ☹

Most embarrassing moment: I've had so many! All seem to include me slipping, tripping or falling over somehow.

What are you looking forward to most out of 2014: New life, new beginnings! A sense of direction!

In 10 years time, where are you and what are you doing: Working in a business, possibly doing further study?? I don't know!! ☺



Name: Adarsh Narayan

Nickname: Nary

Favourite Artist and Song: Chris Brown – Yo, Excuse me Miss

Primary School attended: Dalmeny Primary School

Favourite memory of LHS: Jhye diving off a cliff!

Can you cook? If so, what's your best dish: Yeah! My best dish is 'Jatella' – Jatz with Nutella

Most embarrassing moment: When I got daxed in Year 7 in front of my class by Dylan

What are you looking forward to most out of 2014: Getting back with the boys

In 10 years time, where are you and what are you doing: Famous, in a movie with Dylan Kumar!



Name: Brandyn Nget

Nickname: AznDragonSlayer101Poke'monMasterKhmerZuluNationxx

Favourite Artist and Song: Rolling Stones – Black Hippy

Primary School attended: the last one was Liverpool West Primary School

Favourite memory of LHS: The new canteen menu this year!

Can you cook? If so, what's your best dish: YES! MiGoreng (egg, rice and seasoning sauce) and cereal.

Most embarrassing moment: When I got spear tackled by a girl! haha

What are you looking forward to most out of 2014: To 'catch em all' and be the best Poke'mon Master!! ☺

In 10 years time, where are you and what are you doing: Living the dream!



Name: Lamley Wellington

Nickname: Queen Bee, Beyonce, ASAP Lamley

Favourite Artist and Song: Way too many! Including – Michael Jackson, Kanye West, Beyonce, Tupac etc...

Primary School attended: Yagoona Primary and then Prestons Primary School

Favourite memory of LHS: Being a part of the SRC and Leadership Team. Rock Eisteddfod 2012

Can you cook? If so, what's your best dish: YES! I am Queen of MiGoreng and Fried Chicken

Most embarrassing moment: Fell down the stairs walking to recess and when I looked up I had pulled heaps of other people down with me! I was called Rolley Polley for a week!

What are you looking forward to most out of 2014: I don't want to grow up yet!! Waaah!

In 10 years time, where are you and what are you doing: In Los Angeles or Sydney, working in Communications or Advertising in Fashion or Events or Social Media!! (Something in the fashion industry). If that doesn't work out, I'll be Prime Minister of Australia



Leadership Camp

During Term 2 of 2013, students from the SRC and the Peer Support leaders attended the annual Leadership Camp in Morisset, near Newcastle.

The students spent a lot of time together, completing a range of different challenges, including the Giant Swing, Leap of Faith, Rock Climbing, Sailing and Kayaking. One of the highlights each year is Commando Night, where the students take on the teachers to rescue the student hostages from somewhere in the middle of the bush. Every year the teachers have been victorious, except for this year, which ended in a controversial result with the students rescuing two of the three hostages! This is as close as the students have gotten to winning Commando Night and the teachers are ready to battle it out again next year.

Some of this years memories include:

“My favourite thing about camp is Mud World. This year Mrs Myers came into Mud World with us, which was a lot of fun. At the end of Mud World, Mrs Myers shoved mud into my face! *Issa Chahoud, Year 7.*

Camp is about meeting new students and working together with people you don't get a chance to at school. Over the past 3 years of attending camp I have created strong friendships and overcome many of my fears – including anything to do with heights. Seeing the teachers get involved with everything we do also helps create a better bond and rapport with them. Massive thank you to Mrs Bellman, Mrs Myers, Mr Carl, Mr Piccinin (Big Picc) and Mr Samphier (Big Samph) for making camp an unforgettable experience. *Mohamed Chahoud, Year 12.*

We definitely look forward to next year's Leadership Camp and hope to invite many new faces to come along on this amazing experience!

Mrs Bellman and SRC 2013 students.

With Momoh Koroma

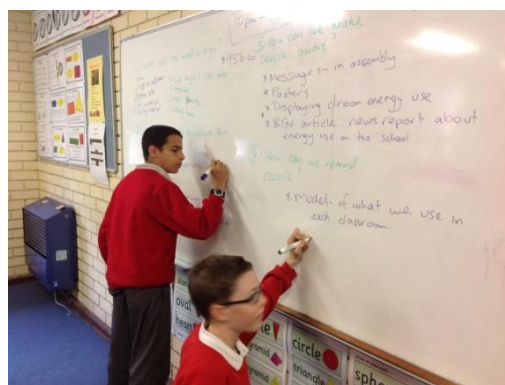


How old are you?	19 years old
Where were you born?	Sierra Leone
How long have you been in Australia?	4 years in September
When did you first play soccer? playing it is my passion	3 or 4 years of age I can't remember I have always
What position do you play?	Striker
How about Athletics?	The same I have always been a good runner
What soccer team do you play for?	At the moment I am training with AC Milan Academy. I have also played for Liverpool Rangers and Football United
What soccer team would you like to play with?	Barcelona or Milan
What will you do when you leave school?	Soccer or engineering
Do you have a sponsor?	Yes Miss Lowe, she has driven me to training
Anyone else?	Oh Yeah Father Chris Reilly. He sponsors me with stuff to achieve my goals and AC Milan Academy covers all my football cost
Will you be sad to leave LHS	Yes, I am going to miss my friends and teachers. Thank you to all the teachers for being supportive helpful

Climate Clever Students

Students from the Junior Support Class (SCJ) have been taking part in a Climate Clever Energy Saver program. This means they have looked at areas in our school energy bills to see where we can save some money. During Term 3 year 7 support students, with the assistance of 5 Year 10 peer leaders, have carried an energy audit of the school. As a result of this audit students have developed a proposal for ways to save how much energy we use as a school.

Year 7 Support students presented this proposal to Ms Holland and applied for the funding to the Georges River Environmental Education group and have been awarded approximately \$1200 to put their plans into action! Stay tuned to the school website for their great work!



Hidden Talents

Support students have been taking part in Elective classes: Photography, sewing/ craft, Performance and Gardening since the beginning of 2013. Their creative abilities and skills have produced some marvellous handiwork. Each elective group has excelled in a variety of different areas, including successfully using a Digital SLR camera to produce photographs of "Something Beautiful". In Photography elective, students were given a design brief to photograph something beautiful in the school grounds that we would otherwise not take notice of. Some of the glorious photographs produced showcase not only students skilful use of the equipment and knowledge of the art of photography but also their deep understanding and appreciation of all that is beautiful in the world around us. All student works will be displayed in an exhibition during Term 4 this year.



Image taken by Jessie Aslett.



Image taken by Jordan Coraci

Canberra War Memorial Excursion

On Friday 14th June 2013, Lurnea High School students set out for an adventure to the War Memorial, Canberra. All of the students learnt so much about World War 1, 2 and the Vietnam War. We were able to pay our respect to the soldiers who fought for our country.

Our journey started very early in the morning, we had to pick up Mr Samphier on our way. The bus trip was fun, and full of laughter. We stopped at McDonald's for the teachers and students to have a bite, which was calm and relaxing. After a 3 hour drive we finally reached the War Memorial which was opposite the Parliament House, we assembled in our groups and toured the memorial and acknowledged the brave soldiers during the wars.

We looked at the remarkable artefacts which were retelling the journey for these young men back in the days. This inspired many students and also teachers with all stories and artefacts. This was a big inspiration to me and helped me with my English assignment which was about Siegfried Sassoon the poet, which encouraged me to see the senseless slaughter of men in a different perspective.

We also saw the remembrance wall covered with Poppies. After a long day we decided to head home. This excursion once again inspired the students, which taught them more about the wars and the ways soldiers fight for our country, and also the teachers had a great time. I would like to thank Miss Tierney, Miss Hardie, Mr Samphier and Mr Neale for organising a wonderful day out to the War Memorial.

By: Natasha Shameem Year 11



Students from Lurnea High School went to UWS Bankstown Campus to attend a UWS awards evening accompanied by other schools as part of the Fast Forward Program.

The Fast Forward program is a program for students to get a feel of what the university is all about. We were accompanied by Mr Troy Neale and family members of the students so they could also understand why there child is part of the Fast Forward. They showed us what the program does and benefit us in later life when we go to University.

Ex university students that had been a part of the program before stated that the program is a big help and can benefit you in the future. The student also said that this program should be opened to every student because it is such a big help. The evening was very helpful and made us all understand why we were chosen. Mr Troy Neale had the honour to announce our names, we were being presented a wonderful and helpful dictionary with our names on the front page. After the evening we shared a lovely supper this allowed us to have discussions with university students and other students that are also part of the Fast Forward program.

By: Hebba Barghachoun and Hayden. Schofield Year 9 Fast Forward



Aspirations Launch

Aspirations are a mentoring program run by the Australian Business Community and Optus. The Aspirations program is all about helping Year 11 students learn about working in the business world. Our Mentors were business people who help and guide students and give us some tips and insights about different career choices which are available to us and how to go about enhancing our opportunities.

Year 11 students in the Aspirations group attended a launch where they first met their business mentors at Lurnea High School. At the launch, we were all split up in groups and we were able to meet all the mentors and to get to know each mentor. After that session we were split up into groups and we were able to give the mentors a little tour around Lurnea High School. After that the mentors joined the students and parents for some morning tea in the library. The morning tea was catered by the senior hospitality class from our school.

Year 11 students involved in Aspirations really enjoyed this program, it helps us to be aware of all the things that may happen in the working world and also helps us get into the work force.

By: Yasmine Sabouné Year 11



Last term, Paul Martin visited our school and provided Year 9 and 10 students with a 'hand on history' experience.

It was a valuable experience to be able to gain further knowledge about what Australia at war and the different aspects of military history. We were able to look at and touch the material that men used during war, including gas masks, uniform and other material. Of particular interest were the artefacts from the First World War and the Vietnam War.

This was an advantage for our year group as we were previously studying the Vietnam War. Being able to understand their experience through primary sources of evidence furthered our understanding of what we had been studying in class.

In all the experience was a great one and would be recommended for future year groups.

Jeric Dixon and Jack Boyle Year 10 history



Reading Challenge in the Intensive English Centre

The Reading Challenge in the Intensive English Centre started with a bang! Students in the IEC are participating in this reading challenge as reading is really the curriculum of the school.

Students and teachers were excited with Libby Gleeson's visit to our school. Libby Gleeson is a famous Australian author with many national and international awards.

In 2007, she was awarded a Member of the Order of Australia for service to literature as an author and an advocate for the development of literacy and learning in schools.

Mahtab's Story touched all the students as it is based on a true story of a girl leaving her country and arriving to Australia in a boat. Libby interviewed the girl at Holroyd High School and wrote this touching tale.

Her visit sparked great enthusiasm for reading!

One of our students, Liberty commented "I'm going to read all her 40 books!"

It was a great opportunity to meet this wonderful author who spent time discussing and signing her books!

Lisa Correy

Teacher Intensive English Centre





Liverpoolcitycouncil
creating our future together

School Zone Penalties Effective 1 July 2013

* The values are doubled during designated holiday/long weekend periods.

Offence	Minimum Fine	Minimum Loss of Demerit Points
Stop on or near:		
• A pedestrian crossing	\$405	2
• A children's crossing	\$405	2
• Any marked foot crossing	\$405	2
Double park	\$304	2
Park on a footpath or stop across a driveway	\$169	2
Make an illegal U-turn	\$304	3
Exceed 40km/h in a school zone in a light vehicle:		
• 10 km/h and under	\$177	2*
• Over 10 km/h	\$319	4*
• Over 20 km/h	\$531	5*
• Over 30 km/h	\$1,028	6*
• Over 45 km/hr	\$2,341	7*
Use a mobile phone while driving	\$405	4
Fail to give way to a pedestrian	\$506	4
Reverse unsafely	\$236	3
Park within 3 metres of double barrier lines	\$236	0



The minimum penalty for disobeying 'No Parking' is \$169 and 2 demerit points. You may only stop here for 2 minutes and stay within 3 metres of your vehicle.



The minimum penalty for parking in a 'Bus Zone' is \$304 and 2 demerit points. You can not stop here at all.



The minimum penalty for disobeying 'No Stopping' is \$304 and 2 demerit points. You can not stop here at all. Parking on nature strips is also illegal.