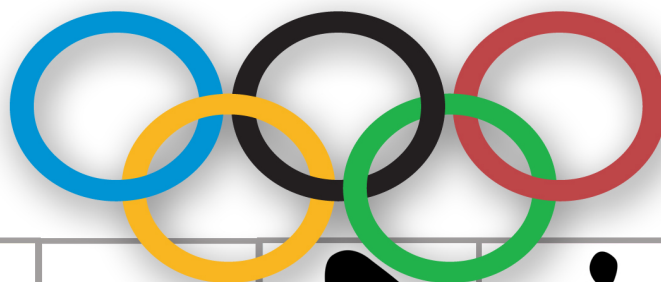


GO FOR GOLD!

Name: _____

Integrated Learning
Term 3



Integrated Learning

Learning from Home Booklet

Term 3 - Weeks 2 & 3

Follow your normal timetable and complete each lesson when you would normally have Integrated Learning.

If you can, join the Year 7 2021 Google Classroom
(if you haven't already) – (the class code is: **rnxduln**)

Try to join your Village class Google Classroom (if you haven't already) Find your class and their class code below:

Village 1/Bellman – 74lt4lk

Village 2/Gill – a7d5qmy

Village 3/Brailey – o4b2krs

Village 4/Aslaner – qhsqwvd

Your teacher will regularly post work on Google Classroom as well, which is similar to the work in the booklet. If you are able to, take a photo of your completed work and email it to your teacher to check.

If you can – join your class for a zoom lesson, as scheduled on the Google Classroom so you can see your classroom teacher and peers and connect with them.

Go For Gold!

Congratulations!

Your Village will be debuting at the LHS Olympic Games!

But we need to fit the part.

Activity 1: The History of your Village

Create your own village's history to explain who you are and where you come from

- Does your village have a backstory?
- Do we have a national anthem?
- A cultural dance perhaps?
- What are our nations colours or symbols?

It is up to you to create and design the history of our 'country'!!

Write your answers below:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

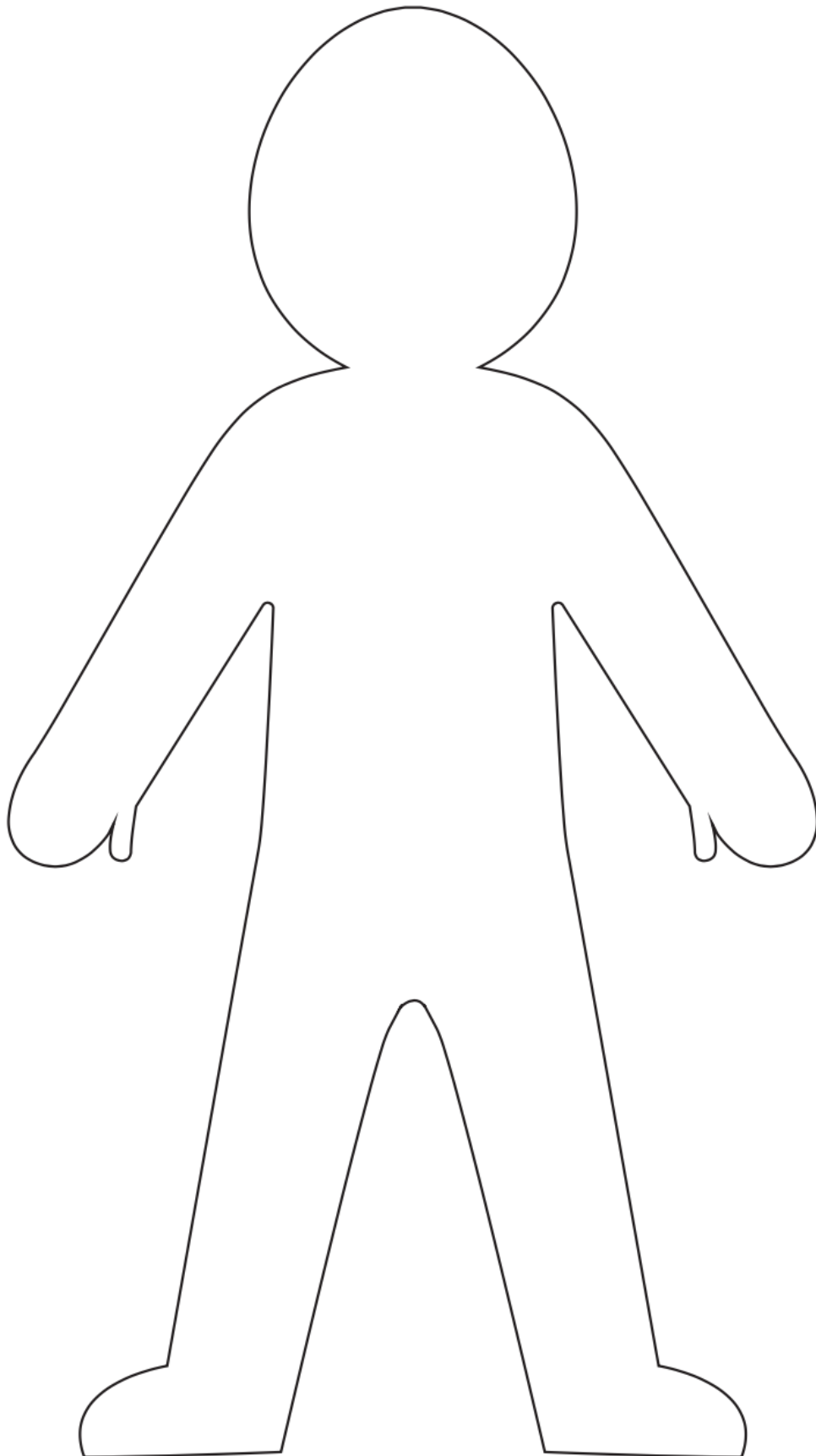
Activity 2: Village Flag and Motto

Create a flag that represents your village. When we get back to school, each village will select **one** and hang it in the Hub area to represent our village. The Hub will become our own Olympic Village. On the flag should be a motto that represents our village. Your motto should represent what our village's values are - what do we stand for?
Design your flag using the space below.

Activity 3: Team Uniform

The athletes representing your Village at the Olympics will want to feel proud of a stylishly designed kit which reflects the national colours or symbols. Have a look at the designs which have been used at previous Olympic Games and see what you can come up with!

Design your uniform on the person below



Activity 4: Team Mascot

Olympic team mascots have been part of the games since 1968 and are usually based on animals that live in the country. You have been asked to design a new mascot to represent your team at the Olympic Games. Would you base it on an animal or something else?

Design your mascot using the space below

KWL Table – The Olympics

Complete the following KWL table about Olympics

- You can complete the first column based on the activities you have completed so far, as well as your own personal background knowledge.
- In the second column, you can write questions about what you would like to know about The Olympics.
- In the third column, you can write about what you have learned. You will also be able to add to this column throughout the unit, after completing the activities in this booklet and during the term.

What I <u>K</u> NOW	What I <u>W</u> ant to know	What I <u>L</u> earned

The Origins of The Olympics

To start our unit, you first need to have an understanding of the origin of The Olympics.

Watch the 2 videos linked below and answer the accompanying questions.

Video 1 - The Ancient Greek Olympics

<https://www.youtube.com/watch?v=JwoBdRC2fzE>



1. When was the ancient Greek Olympics held (BetweenB.C toA.D)

2. Which Greek God was honoured at the ancient Greek Olympics?

3. Were females allowed to participate in the game? Were they allowed to attend (watch) the competition?

4. Name one requirement for all the athletes who participate in the game.

Video 2 - Overview of the Olympics for Kids

https://www.youtube.com/watch?v=xBsRx4wN_v4&t=38s



Overview of the Olympics for Kids | Learn all about the history of the olympic games

85K views · 2 years ago



In our overview of the Olympics for Kids video you will learn all about the history of the olympic games and their importance back ...

1. For the first 13 ancient Greek Olympics, what was the only sport event?

2. What is Pentathlon?

3. What is the reward for ancient Greek Olympics winners?

4. Which Roman emperor stopped the ancient Greek Olympics celebration?

5. Name the French man who proposed the reinstatement of the modern Olympics game. When and where was the first modern Olympic games held?

All about...

The Olympic Games

When did the Olympics begin?

Over two thousand seven hundred years ago the Olympics began as part of a religious festival in Olympia in ancient Greece.



Ancient Greek Games

The Greeks took part in the Olympic Games to celebrate the Greek gods Zeus and Hera. Only men and boys were allowed to take part in events such as wrestling, boxing, long jump, throwing the javelin and discus, and chariot racing. The games occurred every four years until the Greek Empire was defeated and they were forgotten about.

Modern Olympics

In 1894, the games were resurrected and the International Olympic Committee was formed. The Olympic Games have taken place every four years since, with athletes from all over the world taking part in different events.

Olympic Medals

Olympic medals are awarded to athletes who come 1st, 2nd or 3rd in their event. Gold is awarded to the winner who comes 1st, silver is awarded to 2nd place and bronze to 3rd place.

The Olympic Torch

A torch was lit outside of the Temple of Hera using flames created from rays from the Sun. Messengers took the torch around the country so that people knew about the games. Today the torch is lit as it was during the ancient Olympic Games. The flame travels around Greece and then to the country where the games will be taking place.

Olympic Rings

The symbol of the modern Olympic Games is five interlocking rings. The five rings are blue, yellow, black, green and red. The five rings represent the five continents, or parts of the world which took part in the first modern Olympic Games.

Paralympic Games

The Paralympic Games take place after the Olympic Games. Sportsmen and women who have a disability meet up and compete in different sports.

Questions about...

The Olympic Games

Answer the questions below in full sentences.

1. When did the Olympic Games begin?

2. Why did the ancient Greeks take part in the Olympic Games?

3. Who was allowed to take part in the ancient Greek Olympics?

4. How often do the Olympic Games take place?

5. If an athlete came second in an event which medal would they be awarded?

6. Why is the Olympic torch lit?

7. Where does the Olympic flame travel?

8. What is the symbol of the Olympic Games?

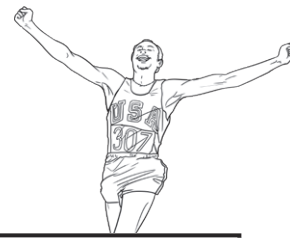
9. What do the five rings represent?

10. When do the Paralympic games take place?



History of the Olympics Thinkboard

Choose an unfamiliar or interesting word from the 'History of the Olympic Games' fact file and use it to complete this thinkboard.



Definition

Write a Sentence

**My
word is...**

Illustration

Synonyms

Ancient Olympic Games - Five W's

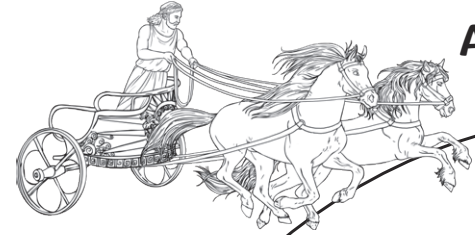
Instructions: Read the 'History of the Olympic Games' fact file and use the information about the ancient Olympic Games to complete this graphic organiser.

What?	
Where?	
When?	
Why?	
Who?	

Ancient Olympics vs. Modern Olympics

Ancient Olympics

Modern Olympics



Ancient Olympics vs. Modern Olympics

Cut out the rectangles below and glue them to the correct space on the Venn diagram.

Receive money or prizes for completing an event or task.

twinkl.com

Olympic Games held every four years.

twinkl.com

Events include discus, javelin, and wrestling.

twinkl.com

There are no water sports.

twinkl.com

There are no winter sports.

twinkl.com

Religious festival to honor the god, Zeus.

twinkl.com

Women are allowed to compete.

twinkl.com

World records are kept for all events and games.

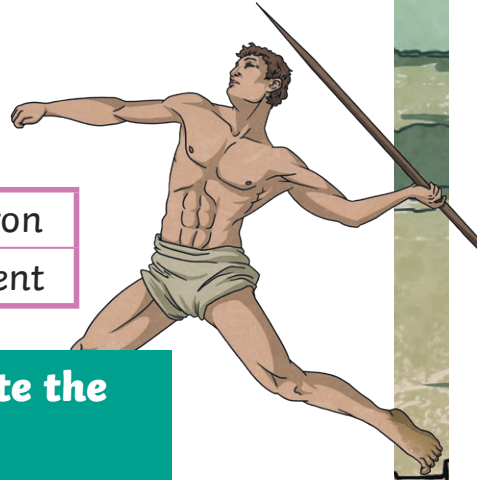
twinkl.com

Athletes from any country are allowed to participate.

twinkl.com

History of the Olympics

Cloze Sentences



southwest	sacred	reflecting	stadium	cauldron
winner	Hera	war	1936	represent

Instructions: Use the words from the box to complete the sentences about the history of the Olympic Games.

1. The ancient Olympic Games were held at Olympia, a valley in _____ Greece.
2. In the first Olympic Games, the only event was a race from one end of the _____ to the other.
3. The _____ of the ancient Olympic Games received a wreath of leaves, not a medal as they do now.
4. The Olympic Games were more important than _____ in ancient Greece.
5. The Olympic torch is lit by _____ the rays of the sun using a parabolic mirror.
6. Every modern Olympic torch since _____ has been lit at the site of the first Olympic Games.
7. The '_____ truce' allowed people from all over Greece to travel to the Olympics in safety.
8. In ancient times, the Olympic flame was lit and kept at the Altar of _____.
9. The final torchbearer has the honour of using the torch to ignite the _____ where the Olympic flame will burn for the duration of the games.
10. Athletes from all over the world _____ their countries and compete against the best of the best.

History of the Olympic Games

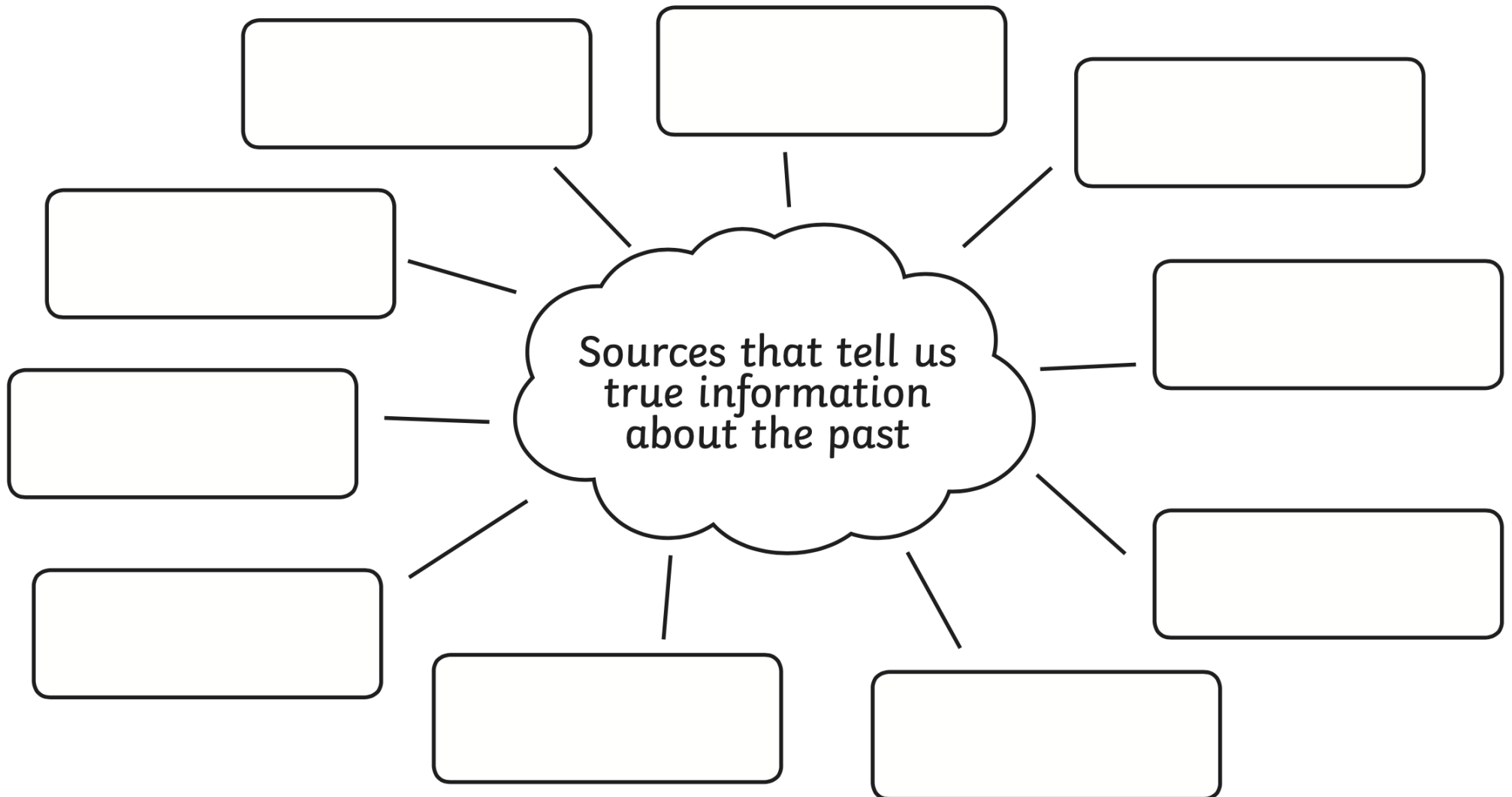
True or False Quiz



	True	False
1. The first Olympic Games featured only one event.		
2. The Olympic Flame was lit and kept at the Altar of Zeus in ancient times.		
3. The Games are held every five years.		
4. The Olympic flame is lit the same way now as it was in ancient times.		
5. The Olympics are named after the Greek god of sport.		
6. In ancient times there was a sacred truce that allowed people from all over Greece to travel to the Olympic Games safely.		
7. The first Olympic Games were held in 200 BC.		
8. The winning athletes have always received a medal.		
9. The Olympic cauldron is used to make stew for the athletes.		
10. Events in the ancient Olympic Games included wrestling, long jump, boxing, chariot racing, javelin and discus.		
11. It takes thousands of torchbearers to get the Olympic Flame from Olympia to the host city.		
12. The Olympic Games were originally part of an important religious festival.		

Historical Sources

A source is anything that can be used to investigate the past. Historians base their research on sources that are relevant to their inquiry.
What sources can help us find out about the past?



Primary and Secondary Sources

There are two types of sources that help historians to better understand historical events. They are:

Primary sources – Primary sources are original first-hand accounts or objects from an event, topic or historical period of time

Some examples are:



letters



diaries



autobiographies



songs



tools



speeches



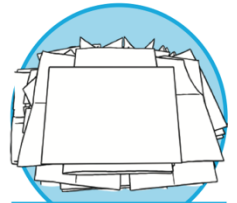
paintings



clothing



weapons



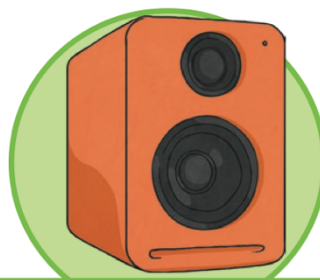
research or
census data

Secondary sources - is a second-hand account that interprets primary sources. They often use primary sources as the basis for their information.

Some examples are:



textbooks



commentaries



documentaries



essays



research
websites

Primary and Secondary Sources

Categorise each piece of evidence into either primary or secondary

	Source	Primary or Secondary
1	An athlete's letter to his friend	
2	A winner's medal	
3	A recent newspaper article about an event 100 years ago	
4	A replica of a medal	
5	An athlete's diary entry	
6	A photograph of the audience	
7	A drawing of the stadium	
8	A biography of one of the athletes	
9	An autobiography of one of the athletes	
10	An interview with an athlete	

Why do you think we need to study the history of the Olympics?

How do we gather information about the ancient Olympic games?

Evidence from the Ancient Greek Olympics

A. A marble statue, c. 100 AD. A Roman copy of a Greek bronze



C. An amphora 252 BC



B. Lead jumping weights or halteres

E. An amphora 333 BC



D. A starting sill in the stadium at Olympia



F. A vase c. 520 BC

G. A drinking cup c. 500 BC



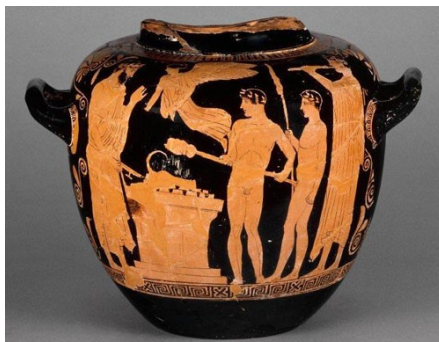
"Pankratiast must employ backward falls which are not safe for the wrestler...they must have skill in various methods of strangling; they also wrestle with an opponent's ankle and twist his arms, besides hitting and jumping on him, for all these practices belong to the pankration, only biting and gouging being excepted."

H. Quote from Philostratos c. 200 AD

I. An amphora awarded as a prize 336 BC



K. A drinking cup c. 500 BC



J. A storage vase c. 475 BC



L. A drinking cup c. 500 BC



What can the evidence tell us?

Look very carefully at each piece of evidence. Use the evidence to answer the following questions:

1. Do you notice anything unusual about the athletes?

2. What type of sports took place at the Ancient Greek Olympics?

3. Apart from sport, what other things took place at the Ancient Greek Olympics?

4. How were the winners rewarded?

Extension Question:

What can we *infer** from the evidence about Greek society?

**Infer = To conclude from the evidence*

Historical Sources from The Olympic Games

Research Activity

Your task is:

1. Find 1 Primary and 1 secondary source about The Ancient Olympics
2. Find 1 Primary and 1 secondary source about The Modern Olympics.

Sources could focus on opening and closing ceremonies, athletes, events, location etc.

Primary Sources include artefacts, letters, diary entries, photos, paintings

Secondary Sources include, biographies, articles, website, drawings, newspaper articles

Once you have selected your sources, you need to answer the following questions for each source:

1. What type of source is this? (photo, article. letter etc)
2. When was this created? Who is the author?
3. Describe in one paragraph what this source is about
4. Is this a reliable (trustworthy) source? Why or why not?

A table has been created on the following pages for you to fill your answers in!

Historical Sources from The Olympic Games - Research Activity

		What type of source is this?	When was this created? Who is the author?	Describe in one paragraph what this source is about	Is this a reliable (trustworthy) source? Why or why not?
Ancient Olympics	Primary source:				
	Secondary source:				

		What type of source is this?	When was this created? Who is the author?	Describe in one paragraph what this source is about	Is this a reliable (trustworthy) source? Why or why not?
Modern Olympics	Primary source:				
	Secondary source:				