

Student SMART Goal

In the SMART Goals document. Attached to this assignment document. I have given you an example of my smart goal. Students you now need to complete your own. You can select to work on a patch of garden like I have or maybe one of the goals on the SMART Goal example sheet. Have a think about a realistic and relevant goal to you. Have a conversation with your parents/carers and agree on an achievable goal with them.

Fill in this sheet and submit electronically to Mrs Adams by 31/07/2021 (Friday week 3). If you can not submit electronically due to technical difficulties please return this sheet on paper when we return to school.

TIMEFRAME for goal is 4 weeks (week 6 term 3), 20/08/2021

Specific	Describe your goal
Measurable	How will you track your progress?
Achievable/agreed	What three steps can you take to reach your goal

Relevant/realistic	Why is this goal important to you?
Timed	When will you reach your goal?

Once you have decided on a goal please start a record/journal of your progress. Journal to be submitted to the teacher.

Journal example:

<p>Date:xxxx Time: xxxx</p> <p>What I accomplished today on my goal:</p> <p>Images or examples that show achievement:</p> <p>What I still need to do:</p> <p>How I felt I did this time:</p> <p>What I will focus on next time:</p>
